



Veggie Queen

With tomatoes she tangos, with broccoli she rocks
She waltzes with carrots in green curly tops

The antioxidants in foods that she eats
Keeps this girl movin', not missin' a beat

Healthy and lean from eatin' her greens
Dancin' away she's a veggie queen

The other kids wonder what makes this girl go
Dancin' away she's the star of the show

They really don't like that they're movin' so slow
Watchin' this veggie queen go, go, go

Healthy and lean from eatin' her greens
Dancin' away she's a veggie queen

Gladly she shares the secret to be
Dancin' away with such energy

It's tomatoes and broccoli and carrots and beans
Full of vitamins and carotene

Sweet potatoes, spinach, colors galore
In foods that she eats, give her more, more, more

Energy and stamina, she's healthy and lean
Dancin' away she's a veggie queen

Healthy and lean from eatin' her greens
Dancin' away she's a veggie queen



Fruits and Vegetables Music

How to play the song:

- Using an internet browser go to:
http://www.dole5aday.com/MusicAndPlay/M_Home.jsp
- Right click on the 5 A Day MP3 green arrow
- Click on: Save Target As
- Save on the desktop
- Once it is downloaded, click: Open
- It will automatically play the song

Using the CD provided

- Insert CD into a computer's CD Drive
- Double Click on 5 A Day Dole song