FOUR-YEAR COURSE PLAN
Nutritional Sciences: Physiology & Metabolism

Fall	Fr. Yr.	Spring	Fr. Yr.
Course	**Units**	**Course**	**Units**
Chem 1A/1AL	4	Chem 3A/3AL	5
NST 10	3	Math 16A	3
English R1A	4	English R1B	4
Elective	2-3	Elective	2
Total Units	**13-14**	**Total Units**	**14**

Fall	So. Yr.	Spring	So. Yr.
Course	**Units**	**Course**	**Units**
Chem 3B/3BL	5	Bio 1A/1AL	5
MCB 32/32L	5	Physics 8A	4
Math 16B	3	Stats 2	4
Elective	1	American Cultures	3-4
Total Units	**14**	**Total Units**	**16-17**

Fall	Jr. Yr.	Spring	Jr. Yr.
Course	**Units**	**Course**	**Units**
MCB 102	4	NST 160	4
NST 103	3	Upper Div Bio Elect	3
Upper Div Bio Elect	3	Upper Div Bio Elect	3
Hum/Soc Science	3	Hum/Soc Science	3
Elective	3	Elective	3
Total Units	**16**	**Total Units**	**16**

Fall	Sr. Yr.	Spring	Sr. Yr.
Course	**Units**	**Course**	**Units**
Upper Div Bio Elect	3	NST 190	1
Upper Div Bio Elect	3	NST 170	4
Upper Div Bio Elect	3	Upper Div Bio Elect	3
Hum/Soc Science	3	Upper Div Bio Elect	3
Elective	4	Elective	4
Total Units	**16**	**Total Units**	**15**

Nutritional Sciences: Dietetics

Fall	Fr. Yr.	Spring	Fr. Yr.
Course	**Units**	**Course**	**Units**
Chem 1A/1AL	4	Chem 3A/3AL	5
NST 10	3	Math 16A	3
English R1A	4	Anthro/Psy/Soc	4
Elective	3	American Cultures	3
Total Units	**14**	**Total Units**	**15**

Fall	So. Yr.	Spring	So. Yr.
Course	**Units**	**Course**	**Units**
Chem 3B/3BL	5	Bio 1A/1AL	5
MCB 32/32L	5	Stat 2	4
English R1B	4	Econ 1 or 3	4
Elective	3	Hum/Soc Science	4
Total Units	**17**	**Total Units**	**17**

Fall	Jr. Yr.	Spring	Jr. Yr.
Course	**Units**	**Course**	**Units**
MCB 102	4	NST 104	2
NST 103	3	NST 135	4
NST 192	1	NST 160	4
UGBA 105	3	UGBA 102A	3
Electives	2	Electives	3
Total Units	**13**	**Total Units**	**16**

Fall	Sr. Yr.	Spring	Sr. Yr.
Course	**Units**	**Course**	**Units**
PH 162A	3	NST 161B	4
NST 161A	4	NST 194	2
NST 166	3	NST 145	2
NST 108A	3	Electives	6
NST 108B	1		
Total Units	**14**	**Total Units**	**14**

FOUR-YEAR COURSE PLAN
Nutritional Sciences: Toxicology

Fall	Fr. Yr.	Spring	Fr. Yr.
Course	**Units**	**Course**	**Units**
Chem 1A/1AL	4	Chem 3A/3AL	5
English R1A	4	NST 11	3
Hum/Soc Science	3-4	Math 16B	3
Math 16A	3	English R1B	4
Total Units	**14-15**	**Total Units**	**15**

Fall	So. Yr.	Spring	So. Yr.
Course	**Units**	**Course**	**Units**
Chem 3B/3BL	5	Bio 1A/1AL	5
MCB 32/32L	5	Physics 8A	4
American Cultures	3-4	Stats 2	4
Elective	1	Hum/Soc Science	3
Total Units	**14-15**	**Total Units**	**16**

Fall	Jr. Yr.	Spring	Jr. Yr.
Course	**Units**	**Course**	**Units**
MCB 102	4	Upper Div Bio Elect	4
NST 110	4	MCB 104	4
Hum/Soc Science	4	Upper Div Bio Elec	4
Elective	4	Upper Div Bio Elect.	3
Total Units	**16**	**Total Units**	**15**

Fall	Sr. Yr.	Spring	Sr. Yr.
Course	**Units**	**Course**	**Units**
NST 171	4	NST 121	3
PMB C112	4	NST 193	1
Upper Div Bio Elect.	4	Upper Div Bio Elect	3
Upper Div Bio Elect.	4	Upper Div Bio Elect	3
		Elective	3
Total Units	**16**	**Total Units**	**13**

For the Nutritional Sciences majors, if you are applying from a college outside of the College of Natural Resources (L&S, CED, COC, COE), the requirements to apply for the major are:

- A minimum cumulative 3.0 GPA is required
- Completion of Reading & Composition (R1A and R1B)
- Completion of NST 10 (for Nutritional Sciences majors) or NST 11 (for Toxicology track)
- Completion of Math 16A and 16B, Chem 1A/L, 3A/L, 3B/L, Bio 1A/L (MCB 32/32L is not required but it is a pre-requisite for NST 103 that NS-PM and NS-D students take their Fall JR year, so it is important to take that course Fall Sophomore year or in the summer before their JR year)
- All courses required for the major must be taken for a letter grade (this includes the humanities courses)
- Demonstration of meeting the CNR Policy of graduating in 4 years (8 semesters) for students who entered their freshman year and 2 years (4 semesters) for transfer students. This is total time to degree, starting from your first date of enrollment at UC Berkeley.

Most students petition for the major after completion of these courses at the end of their Sophomore Year.