

FOUR-YEAR COURSE PLAN Nutritional Sciences: Physiology & Metabolism

Fall		Fr. Yr.	Spring		Fr. Yr.
Course	Units		Course	Units	
Chem 1A/1AL	4		Chem 3A/3AL	5	
NST 10	3		Math 16A	3	
R1A	4		R1B	4	
Elective	2-3		Hum/Soc Science	3	
Total Units	13-14		Total Units	15	

Fall		So. Yr.	Spring		So. Yr.
Course	Units		Course	Units	
Chem 3B/3BL	5		Bio 1A/1AL	5	
MCB 32/32L	5		Physics 8A	4	
Math 16B	3		Stats 2	4	
Elective	2		American Cultures	4	
Total Units	15		Total Units	17	

Fall		Jr. Yr.	Spring		Jr. Yr.
Course	Units		Course	Units	
MCB 102	4		NST 160	4	
NST 103	3		Upper Div Bio Elect	3	
Upper Div Bio Elect	3		Upper Div Bio Elect	3	
Hum/Soc Science	3		Hum/Soc Science	3	
			Elective	3	
Total Units	13		Total Units	16	

Fall		Sr. Yr.	Spring		Sr. Yr.
Course	Units		Course	Units	
Upper Div Bio Elect	4		NST 190	1	
Upper Div Elective	3		NST 170	4	
Upper Div Elective	3		Upper Div Bio Elect	3	
Hum/Soc Science	3		Elective	4	
			Elective	3	
Total Units	13		Total Units	14-15	

Nutritional Sciences: Dietetics

Fall		Fr. Yr.	Spring		Fr. Yr.
Course	Units		Course	Units	
Chem 1A/1AL	4		Chem 3A/3AL	5	
NST 10	3		Math 16A	3	
R1A	4		Anthro/Psy/Soc	4	
Elective	3		American Cultures	3	
Total Units	14		Total Units	15	

Fall		So. Yr.	Spring		So. Yr.
Course	Units		Course	Units	
Chem 3B/3BL	5		Bio 1A/1AL	5	
MCB 32/32L	5		Stat 2	4	
R1B	4		Econ 1 or 3	4	
			Hum/Soc Science	4	
Total Units	14		Total Units	17	

Fall		Jr. Yr.	Spring		Jr. Yr.
Course	Units		Course	Units	
MCB 102	4		NST 104	2	
NST 103	3		NST 135	4	
NST 192	1		NST 160	4	
UGBA 105	3		Electives	3-4	
Electives	3		Hum/Soc Science	3	
Total Units	14		Total Units	16-17	

Fall		Sr. Yr.	Spring		Sr. Yr.
Course	Units		Course	Units	
PH 162A	3		NST 161B	4	
NST 161A	4		NST 194	2	
NST 166	3		NST 145	2	
NST 108A	3		Electives	6	
NST 108B	1				
Total Units	14		Total Units	14	

FOUR-YEAR COURSE PLAN Nutritional Sciences: Toxicology

Fall	Fr. Yr.	Spring	Fr. Yr.
Course	Units	Course	Units
Chem 1A/1AL	4	Chem 3A/3AL	5
R1A	4	NST 11	3
Hum/Soc Science	3-4	Math 16B	3
Math 16A	3	R1B	4
Total Units	14-15	Total Units	15

Fall	So. Yr.	Spring	So. Yr.
Course	Units	Course	Units
Chem 3B/3BL	5	Bio 1A/1AL	5
MCB 32/32L	5	Physics 8A	4
American Cultures	3-4	Stats 2	4
Elective	3-4	Hum/Soc Science	3-4
Total Units	16-18	Total Units	16/17

Fall	Jr. Yr.	Spring	Jr. Yr.
Course	Units	Course	Units
MCB 102	4	Upper Div Bio Elect	4
NST 110	4	Upper Div Bio Elect.	3
Hum/Soc Science	4	Upper Div Elec	3-4
Elective	2-4	Elective	3-4
Total Units	14-16	Total Units	13-15

Fall	Sr. Yr.	Spring	Sr. Yr.
Course	Units	Course	Units
NST 171	4	NST 121	3
NST 103 or MCB 136	4	NST 193	1
Upper Div Bio Elect.	4	Upper Div Bio Elect	3
Upper Div Elect.	3-4	Hum/Soc Science	3
		Elective	3
		Elective	3
Total Units	15-16	Total Units	13-15

Notes for all tracks:

To transfer into CNR from another UC Berkeley College:

For the Nutritional Sciences majors, if you are applying from a college outside of the College of Natural Resources (L&S, CED, COC, COE), the requirements to apply for the major are:

- A minimum cumulative 3.0 GPA is required
- Completion of Reading & Composition (R1A and R1B)
- Completion of NST 10 (for Nutritional Sciences majors) or NST 11 (for Toxicology track)
- Completion of Math 16A and 16B, Chem 1A/L, 3A/L, 3B/L, Bio 1A/L (MCB 32/32L is not required but it is a pre-requisite for NST 103 that NS-PM and NS-D students take their Fall JR year, so it is important to take that course Fall Sophomore year or in the summer before their JR year)
- All courses required for the major must be taken for a letter grade (this includes the humanities courses)
- Demonstration of meeting the CNR Policy of graduating in 4 years (8 semesters) for students who entered their freshman year and 2 years (4 semesters) for transfer students. This is total time to degree, starting from your first date of enrollment at UC Berkeley.

Most students petition for the major after completion of these courses at the end of their Sophomore Year.