

<b>Material</b>	<b>%N</b>	<b>%C</b>	<b>Sample size (mg)</b>
Plant	0.5-1.5	20-50	6-8
	1.5-5.0	20-50	4-6
	3.0-8.0	20-50	2-4
	3.0-8.0	40-50	1-2
Animal	8-20	30-50	1.0-1.5
Soil	0.03-0.3	0.5-4	80-100
	0.05-0.5	1.0-5	60-80
	0.08-0.6	1.0-6	40-60
	0.10-0.6	2.0-10	20-40
	0.30-2.0	4.0-20	10-20